

## KYHS Guidelines for Students/Teachers Exposed to Covid-19 or Symptomatic

Category	Vaccinated Individual	Unvaccinated Individual
Symptomatic Individual <i>(any of these: runny nose, headache, congestion, fever, sore throat, cough, fatigue, muscle ache, nausea)</i>	Test immediately with PCR* and remain at home until receipt of test result <ul style="list-style-type: none"> <li>If positive: quarantine 10 days</li> <li>If negative: return when symptoms resolve</li> </ul>	Test immediately with PCR* and remain at home until receipt of test result <ul style="list-style-type: none"> <li>If positive: quarantine 10 days</li> <li>If negative: return when symptoms resolve</li> </ul>
Indoor/Unmasked Exposure	Must mask indoors around others for 10 days which requires eating outside at KYHS and masking in carpool/bus Test with a PCR, NAAT or rapid antigen test taken between 3-5 days Monitor for symptoms	Must quarantine for 10 days OR Test with PCR, NAAT or rapid antigen test on Day 5 and Return on Day 8 Must quarantine 7 full days
Household Exposure	<p><u>After the positive is isolated</u>, no quarantine needed. Can continue normal activities even while pending the test.</p> <p>Must mask indoors around others for 10 days which requires eating outside at KYHS and masking in carpool/bus                      Test with PCR on Day 4                      Monitor for symptoms</p>	<p><u>After the positive is isolated</u>, quarantine. Since an unvaccinated household member is a “presumed positive”, need to test immediately with a PCR if other students or teachers were exposed to the household members of the positive.</p> <p>Test (again) with PCR on Day 5.                      If positive: quarantine 10 full days from time of positive result                      If negative: May return on Day 8</p>
If household member of a student/teacher is testing because of exposure or symptoms	Student/Teacher may go to school fully <u>masked</u> and eat outside while pending test result If positive: continue to mask and eat outside for 10 days since last exposure If negative: may unmask	Student/Teacher may go to school fully masked and eat outside while pending test result If positive: quarantine 10 days If negative: remain in school masked

**\*May test with a NAAT or rapid antigen test but if negative, need to follow up with a PCR**

In all cases, please contact Ms. Debby Levitt for guidance at [dlevitt@yeshivahs.org](mailto:dlevitt@yeshivahs.org)

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